



LIVE WELL.

March 24, 2020

As a valued member of the RPg community, we appreciate the trust you place in us to provide wealth management solutions that support your lifestyle in every way. Rest assured that RPg's longstanding tenets—Plan Well. Invest Well. Live Well.—are designed to chart the course for continued success. Together, we will do everything we can to help you protect yourselves, your loved ones, and your communities.

We often discuss the financial planning strategies that will ultimately result in your being able to have maximum positive effects including philanthropy and other issues you are passionate about. At this moment in time, however, maintaining personal health and wellness is everyone's top priority. One of the most important strategies we can employ to Live Well is to focus on self-care and preventive measures. Linus Pauling said that "good nutrition will prevent 95% of all disease." The best defense is a strong immune system. We encourage you to eat well and share healthy habits with your loved ones. Don't forget to also nourish your mind and body to stay mentally and physically strong during the challenging weeks ahead.

Just as an effective asset allocation guards your portfolio against bouts of volatility, protecting and supporting your immune system will help you Live Well. Healthy amounts of vitamins and minerals, such as vitamin C and zinc, provide protective antioxidants that support immune health. Washing your hands frequently is another critical defense to slowing the spread of any virus. As we navigate these uncharted waters together, we look ahead to brighter days when we can refocus on the issues you are most passionate about.

Here at RPg, we are doing everything we can to "flatten the curve" and collectively minimize the impact of COVID-19. We have adopted best practices to ensure a healthy business environment for our team as we work together in the best interest of our clients. We are working remotely with full access to all of our financial resources. We encourage you to reach out and stay connected during these trying times. Please let us know how we can best support you today and in the future.

Visit [cdc.gov](https://www.cdc.gov) for timely, accurate information and helpful tips.



Plan Well. Invest Well. Live Well.

RPg FAMILY WEALTH ADVISORY, LLC

25 BURLINGTON MALL ROAD | SUITE 307

BURLINGTON, MA 01803

(781) 547-8660

WWW.RPGFAMILYWEALTH.COM



Important Disclosures:

RPg Family Wealth Advisory, LLC (FWA) is a registered investment advisor with the U.S. Securities and Exchange Commission (SEC). Additional information regarding RPg Family Wealth Advisory, LLC can be found on our website at www.rpgfamilywealth.com.

RPg Family Wealth Advisory, LLC does not provide tax or legal advice. Please consult an independent tax advisor for additional guidance.

This material has been prepared solely for informational purposes and is not to be considered investment advice or a solicitation for investment. Performance provided is past performance. Past performance is not indicative of future results. Investments may increase or decrease in value and are subject to a risk of loss. As with any investment strategy, there is potential for profit as well as the possibility of loss. No representation or warranty is made that any returns indicated will be achieved. Investors should consult their financial advisor before investing.

Any projections, market outlooks, estimates or expectations of future financial or economic performance of the markets in general are forward-looking statements and are based upon certain assumptions and should not be construed as indicative of actual events that will occur. Actual results or events may differ materially from those projected, estimated, assumed or anticipated in any such forward-looking statements. Information contained herein is as of the period indicated and is subject to change. Any views expressed in this report are those of the author(s) at the time of writing and are subject to change without notice.

The information contained herein includes information obtained from sources believed to be reliable, but we do not warrant or guarantee the timeliness or accuracy of the information as it has not been independently verified. It is made available on an "as is" basis without warranty.

This material is proprietary and may not be reproduced, transferred or distributed in any form without prior written permission from FWA. FWA reserves the right at any time, and without notice, to change, amend, or cease publication of the information contained herein. FWA may change any exposures and compositions reflected herein at any time and in any manner in response to market conditions or other factors without prior notice.

